

**PLEASANTON MEADOWS CABANA CLUB**  
**RULES AND REGULATIONS**  
**Section 1**

**GENERAL SAFETY RULES**

- **NO RUNNING**
- **NO HORSEPLAY** and or water fights are allowed in the Cabana Club area. Wrestling, pushing, shoving, kicking, piggy-back fights, king of the mountain or similar unsafe water practices are prohibited in the pool or pool areas.
- **NO DIVING**, twisting or jumping backward from the side of the pool or from the lifeguard stand.
- Older and/or stronger swimmers are not permitted to annoy or intimidate younger and/or smaller, less skilled-swimmers.
- Dunking inexperienced swimmers is not allowed.
- Snapping towels at each other is prohibited.
- Water pistols, water balloons and similar toys are not allowed. Only arm floaters, individual noodles and small plastic inner tubes are allowed in the pool.
- Rocks, coins, hairpins, Koosh balls or other foreign objects must not be thrown into the pools.
- No climbing fences, trees, or shrubs.
- Profanity, improper behavior and vulgar remarks will not be tolerated.
- The wading pool is provided for young children that cannot easily stand in the large pool and non-swimmers. An adult or liable person must be in the immediate area at all times. Lifeguards are not responsible for the safety of the children within the wading pool area.
- The shower will be turned off after use and shall not be used for play.
- **Children under the age of 14, must be accompanied by an adult**, during all open hours.
- **No persons under the age of 18 may enter the Cabana Club area with or without a Key card, unless accompanied by an adult PMCC member. DURING NON-LIFE GUARD HOURS**

**PLEASANTON MEADOWS CABANA CLUB  
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Section 2**

**HEALTH AND SAFETY RULES**

- **Parents must take young children to the lavatory before allowing them to enter the pool.** Diapers are required on all children who are not potty trained.
- Persons with colds, runny noses, skin disease, or other communicable diseases and or virus may not enter the pool.
- Spitting in the pools or pool area is prohibited.
- Gum is not allowed in the pool. Band-aids are not to be worn into the pools.
- Smoking is not permitted on the cement deck area surrounding the pool.
- Absolutely no food or drink is allowed in the pool or on the deck surrounding the pool; only in area designated for the same.
- Glass food & beverage containers are prohibited in the Cabana Club.
- Minors with alcoholic beverages will not be tolerated and will not be allowed on Club property.
- No one visibly under the influence of drugs or alcohol will be allowed in the pool or admitted onto club property.
- All trash must be placed in containers provided for this purpose,
- Pets are not permitted in the Cabana Club area.

## PLEASANTON MEADOWS CABANA CLUB RULES AND REGULATIONS

### OPERATION DURING LIFEGUARD HOURS AND LIFEGUARD SUPERVISED EVENTS

- **The pool manager and lifeguards are in complete charge of the swimming pools and pool areas and have full authority to enforce the rules and regulations.** They may expel or exclude any person for the violation(s) of the same. The pool manager and lifeguards have the authority to take steps necessary to protect the health and safety of persons using the Club facilities.
- The pool manager may find it necessary to temporarily revoke Club privileges for serious infractions of the PMCC rules, and regulations. Any individual refusing to leave the pool area upon the request of any lifeguard may face suspension of Cabana Club privileges by the Board of Directors.
- Every hour there will be a 15-minute rest period when all children will vacate the pool completely. This includes the edge of the pool. During this time, adults (18 or older) may swim. Non-swimmers may accompany adults if in close proximity to the responsible individual.
- **Children under 5'1" tall must be able to swim 75 feet (the length of the pool) to the satisfaction of the pool manager or lifeguard on duty, or be accompanied by an adult.** The pool manager or lifeguard will conduct a swimming assessment of the child and the results will be noted on the homeowner's emergency card.
- Contact a lifeguard about injuries in the pool area, no matter how small.
- Do not call for help unless help is needed.
- Swim fins and facemasks containing plastic lenses are only permitted when the pool is uncrowded.
- Patrons are not allowed in the Cabana Club office. The office phone may be used only in an emergency.
- Do not distract the lifeguards while they are on duty.
- Any regulation or rules not covered will be left to the discretion of the pool manager or senior guard on duty. Lifeguards on duty will prevent any action that is considered unsafe or unhealthy.
- No employee(s) of the Club shall be reprimanded, punished and or harassed by any person(s). The Club employees only enforce rules and regulations. The rules and regulations originate with the Board of Directors. Conversely, any inattention to duty or lack of courtesy on the part of the employees should be directed to the same Board. The pool suggestion box may also be used for this purpose.

<p style="text-align: center;"><b>PLEASANTON MEADOWS CABANA CLUB RULES AND REGULATIONS</b></p>
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**OPERATION DURING KEY- CARD HOURS  
NO LIFEGUARD ON DUTY**

- For the safety of others, Sections One and Two of the PMCC Rules and Regulations shall be followed while using the facility.
- Exercise discretion when using the pool facilities, as PMCC is NOT liable in the event of an accident or injury, whether a lifeguard is on duty or not.
- **No persons under the age of 18 may enter the Cabana Club area with or without a key card, unless accompanied by an adult PMCC member.**
- Swimmers at night must have surrounding area lights on when in use.
- Anyone who uses the pool facility after dark does so at his or her own risk.
- **The pool and Cabana Club close at 10 p.m. Violators will be charged with trespassing by the Pleasanton Police Department. CA. Section 602 PC**
- Homeowners must accompany all guests at all times during key card hours.